

Participation Changes Everything

Helping people learn,
work and stay
connected



Children should be able to take part in education.

People should be able to access, remain in and return to work.

Older people should be able to stay connected to the activities, relationships and communities that matter to them.

When barriers get in the way, occupational therapists enable participation throughout life.

**Participation improves lives and
reduces demand on health services.**

Member of

RCOT Royal College of
Occupational
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Everyone should be able to take part in the activities that matter to them



By adapting environments, building skills and finding practical solutions, occupational therapists are experts in helping people to continue doing the things they need, want and love to do.

Participation is the outcome occupational therapists enable every day.

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